

# PORTERED WALK GEAR LIST

## What's included

We provide the following for your use when you arrive at our office the morning of your walk:

- · 35L stuff sack for your gear
- Waterproof jacket
- · Sleeping bag and liner
- Pillow case
- Head torch

Whilst we can provide all of the above you are welcome to use your own gear.

#### **Power and Phones**

Mobile service coverage is very patchy and depending on your carrier may not be available. Guides have phones that can be used if necessary. There is no power at the bush camps so please make sure cameras are fully charged and spare batteries packed if necessary.

## **Luggage Storage**

You can store excess luggage at our office and this will be loaded on to the bus which meets you as you return from the island at the end of your walk.

Please note that your gear must fit in a 35L stuff sack weighing no more than 10kg due to operational requirements on Maria Island.

Our office staff will be happy to answer any questions you may have in relation to your walk.

### What to bring

- A small day pack to carry your drink bottle, camera, lunch and jacket
- Walking boots with good ankle support or sturdy walking shoes with good tread (Sandshoes and trainers are not recommended for walking)
- Lightweight shoes/sandals for around the camps and at the house
- Long pants x 1 (ideally a quick dry material not heavy denim)
- Shorts x 1
- Long sleeve shirt x 1
- Thermal top and bottoms x 1 set
- Fleece jacket or warm jumper x 1
- T shirts x 3
- Socks and underwear x 3
- Beanie or woolly hat, and gloves (recommended even in the summer months)
- · Swimwear and sarong
- Sun hat and sunglasses
- Sunscreen and insect repellent this is also available at the camps
- Toiletries in small containers. Soap and body lotion are provided at camps. Body wash, shampoo, conditioner and body lotion are provided at Bernacchi House.
- · Camera/Binoculars
- Walking Poles (please bring along if you ordinarily walk with poles)
- Travel towel
- Water bottle(s) or bladder, 2 litre total capacity required
- · Personal medications